

Innovative Services NW Adult Day Health Center Presents

The ADHC Chronicle

Volume 7, Issue 3
March 2010

People Helping People
With Daytime Assistance

Adult Day Health Center
9414 NE Fourth Plain Road
Vancouver, WA 98662
360-750-7036



Program Hours:
10:00 am to 2:00 pm
Extended Hours:
7:00 am to 6:00 pm

March 2010

Calendar of Special Events

Adult Day Health Center Activities

Celebrate:
St. Patrick's Day
Birthday Bash
Spirit Week
Spring

| Mon | Tue | Wed | Thu | Fri |
|---|--|--|---|---|
| 1 National Pig Day Bingo Art With Arisirra Famous Pigs | 2 "Four" Fun Sand Dunes National Park Garden Club Solve The Mystery | 3 Medical Equipment Care Ranch Bread So You Think You're Irish <i>*Scents Of Spring Pots</i> | 4 Bulletin Board trivia Riddles What Am I? March Events | 5 Person, Place Or Thing Wear Your Favorite Slippers Touring Ireland Sing Along |
| 8 Celebrate Your Name Day Bulletin Board Trivia Art With Arissira Sing Along | 9 Double The Fun Word Game Musical Humor It's About Time Ice Cream Social | 10 Track Your Money History Of Paper Money <i>*Craft Leprechaun Kisses</i> Garden Club | 11 Health Talk Day Kidney Disease Bingo Travelogue Nebraska | 12 Coffee Filter Transfers Shamrock Triples Crossword Solve The Mystery Prepare to be Pampered |
| 15 Shamrock Craft Think Like Einstein California Missions Irish Tea Party | 16 Pot O' Gold Hunt Bingo This Was the Year 1982 Solve The Mystery | 17 <i>St. Patrick's Day</i> Wear Your Green! History Of St. Patty <i>*Decorate Irish Cupcakes</i> | 18 Shamrock Craft Garden Club Green Food Word Game Food Jokes & Clichés | 19 Pot O' Gold Hunt Old Wives Tales Bulletin Board Trivia Movie Day |
| <i>← SPIRIT WEEK →</i> | | | | |
| 22 Women's History Famous Women Trivia Prepare to be Pampered About Barbie | 23 Bulletin Board Trivia Jeopardy Positivity Activity Movie Day | 24 Pairs And Opposites <i>*Plant Spring Bulbs</i> Millionaires Game Sing Along | 25 March & April Mix-Up Hong Kong's Floating City Italian Soda Social Craft A Lucky Charm Bracelet | 26 March Spring Trivia Game Bingo Garden Club Solve The Mystery |
| 29 Music & The Movies Movie Song Trivia Music Hang Man Garden Club | 30 Bingo Boop, Toot And Wolf Whistle Sing Along Solve The Mystery | 31 Person, Place Or Thing <i>*Craft A Kite</i> Kite Trivia Day Of Beauty | <i>*All items in RED are intergenerational activities.</i>  | CAREGIVER'S SUPPORT GROUP March 3rd & 17th 2:00-3:30 P.M. 360-750-7026 |